



FQH 142 – Fiqh Curriculum – Lectures No. 1-5

Chapter of Fasting

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Agenda

- Fasting definition
- Beginning of Ramadan
- Fasting conditions
- Fasting pillars
- Nullifiers
- Fasting types
- Fasting sunan
- Makrooh acts
- Issues related to fasting
- I'tikaaf ruling
- I'tikaaf conditions and pillars
- I'tikaaf sunan and nullifiers

Fasting (Definition)

الصَّوْمُ لُغَةً: مُطْلَقُ الإِمْسَاكِ؛ وَشَرْعًا: هُوَ الإِمْسَاكُ عَنِ جَمِيعِ المَفْطِرَاتِ مِنْ طُلُوعِ الفَجْرِ
إِلَى غُرُوبِ الشَّمْسِ بِنِيَّةٍ مَخْصُوصَةٍ

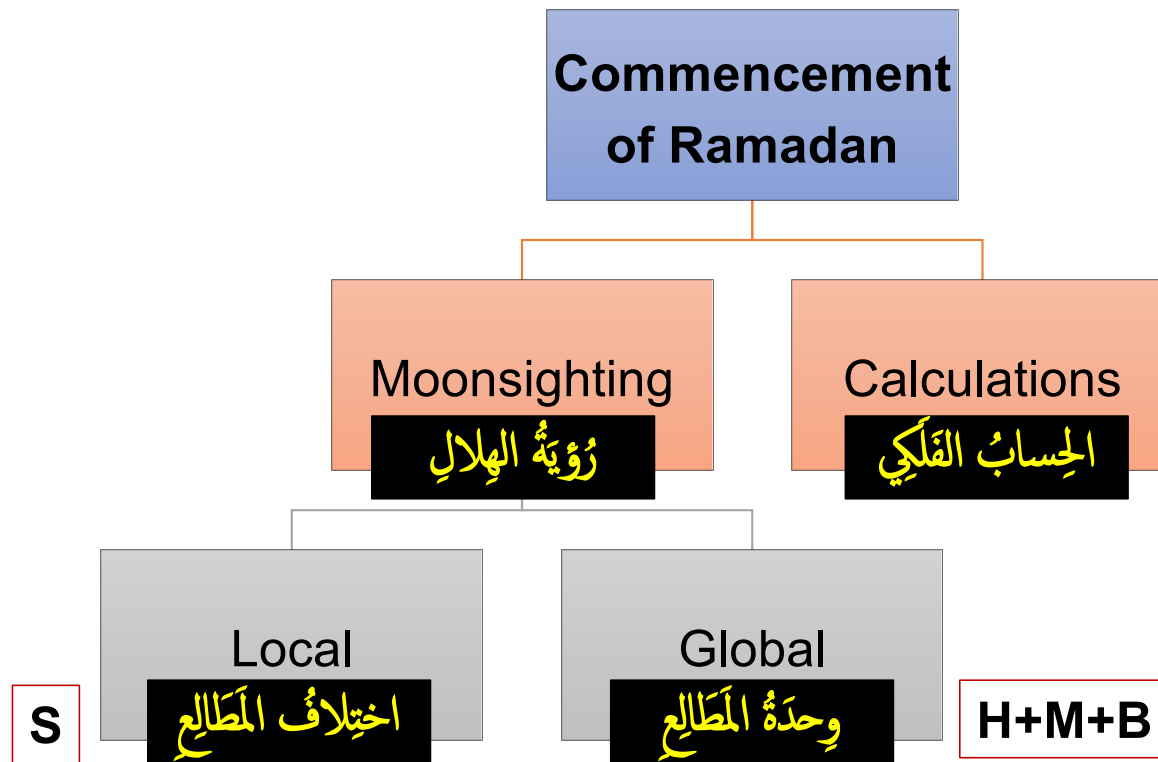
Fasting:

- **Lexically:** to abstain, to withhold
- **Technically:** (in juristic terms): “is to abstain whole day during the month of Ramadan with the intention of fasting from all things that invalidate fasting”

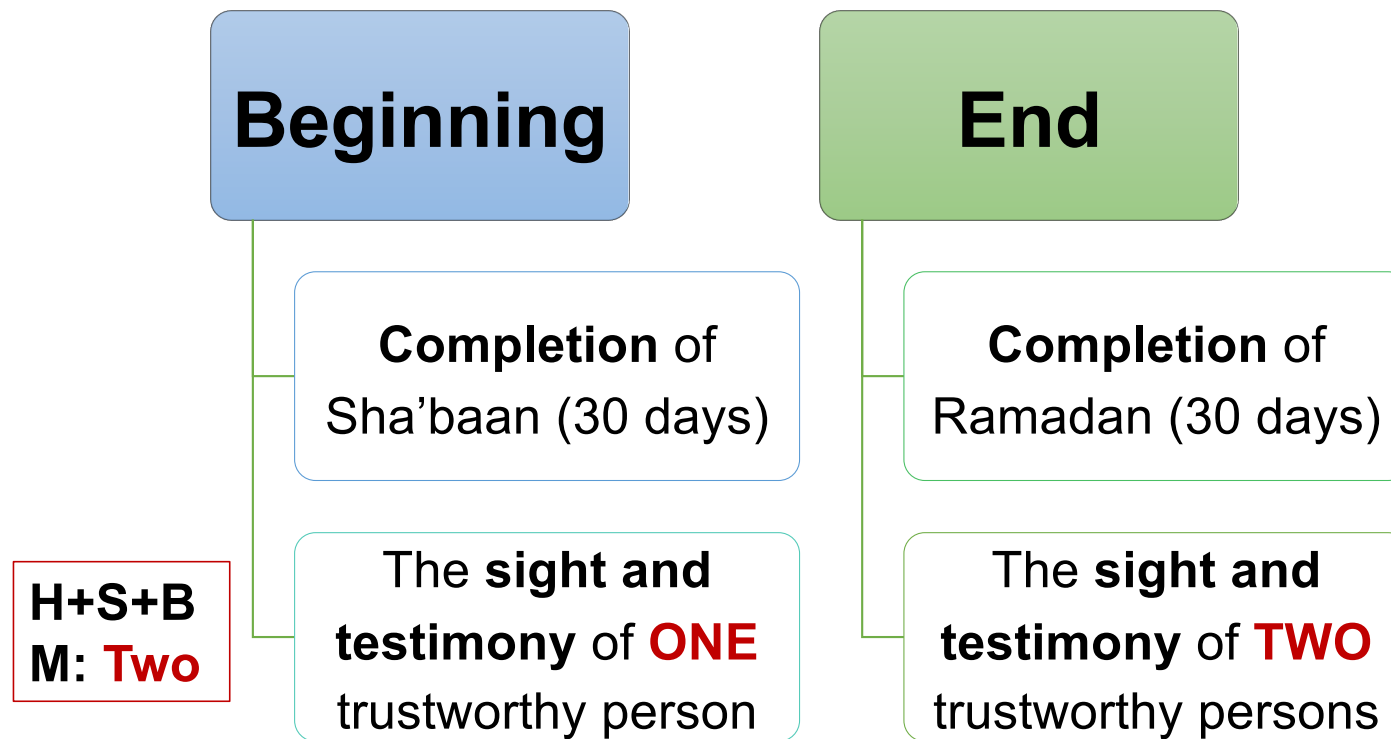
Fasting of Ramadan

- A great act of worship
- Became obligatory in 2 AH
- Ramadan the month of Quran
- Ramadan the month of forgiveness
- The month of great rewards
- The objective of fasting

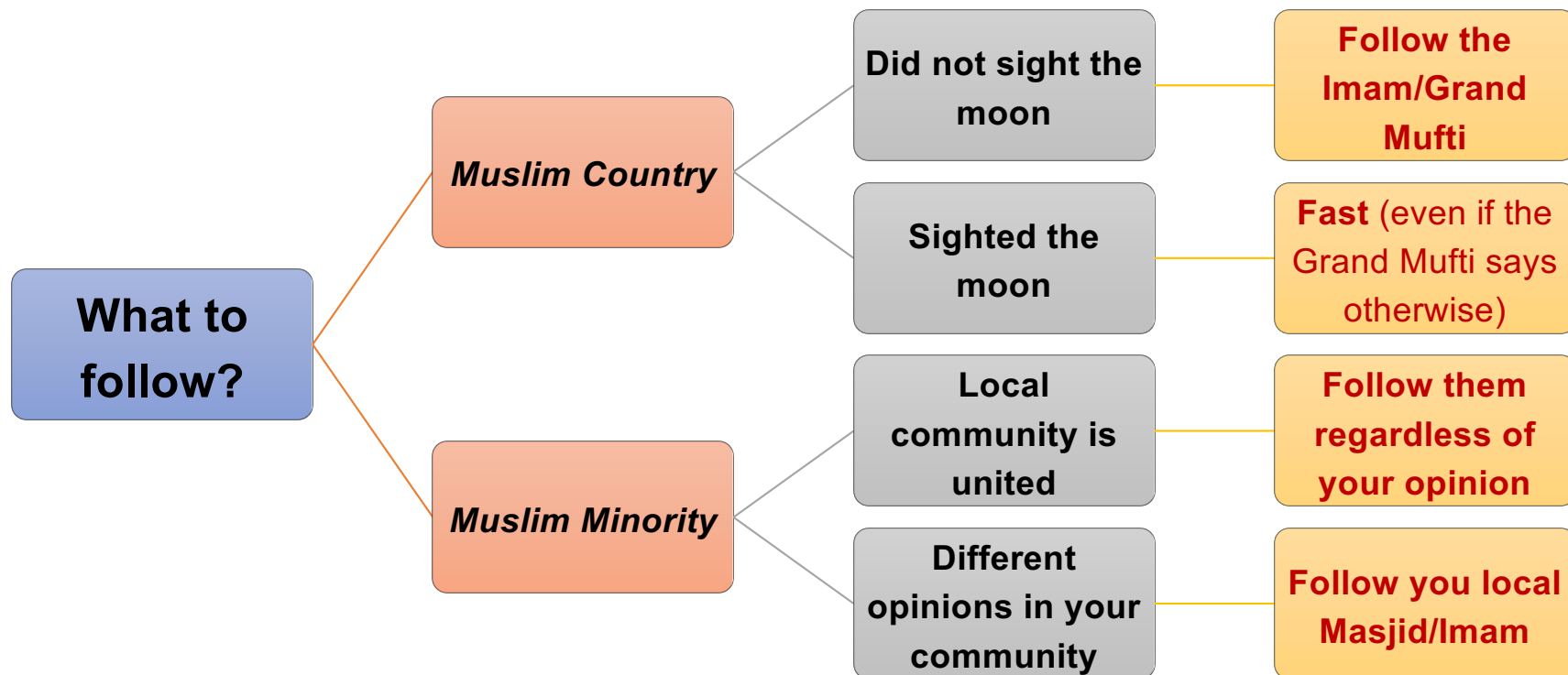
Beginning of Ramadan



Beginning and End of Ramadan



Which Method to Follow?



Fasting – Conditions of Wujooob

Islam

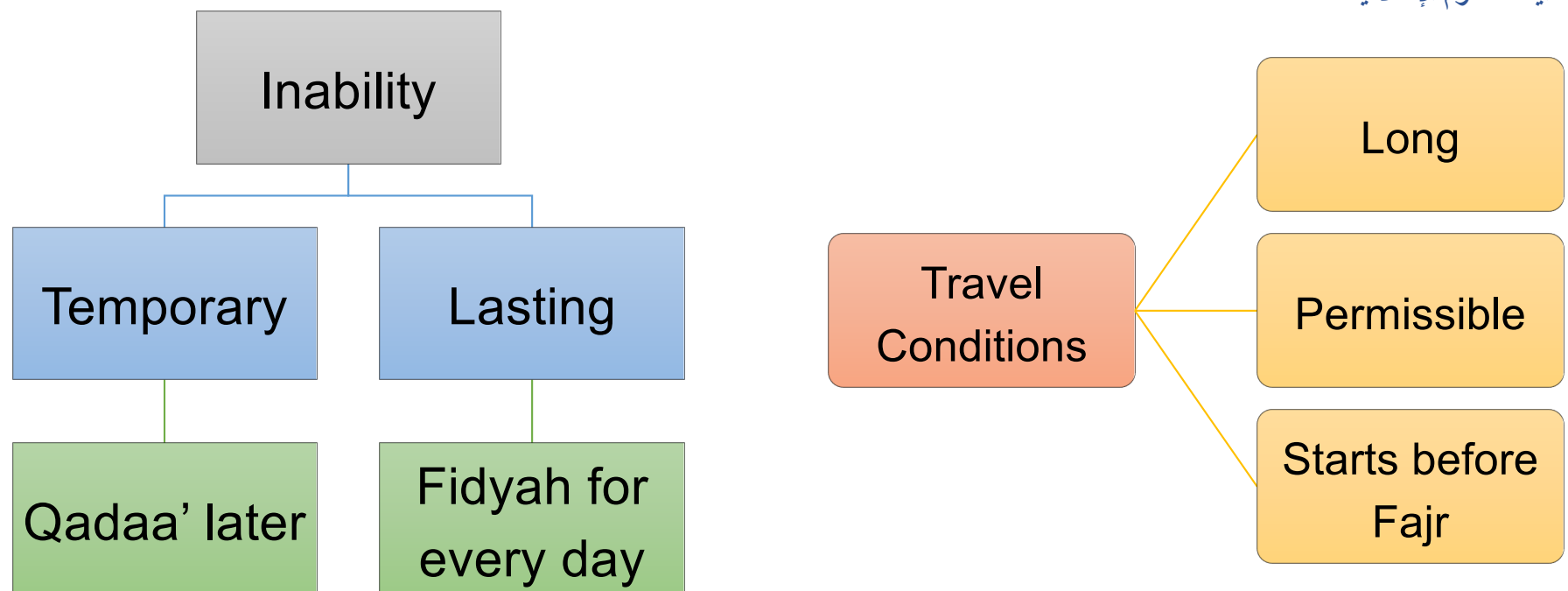
Takleef

Ability

Health

Residence

Fasting – Conditions of Wujooob

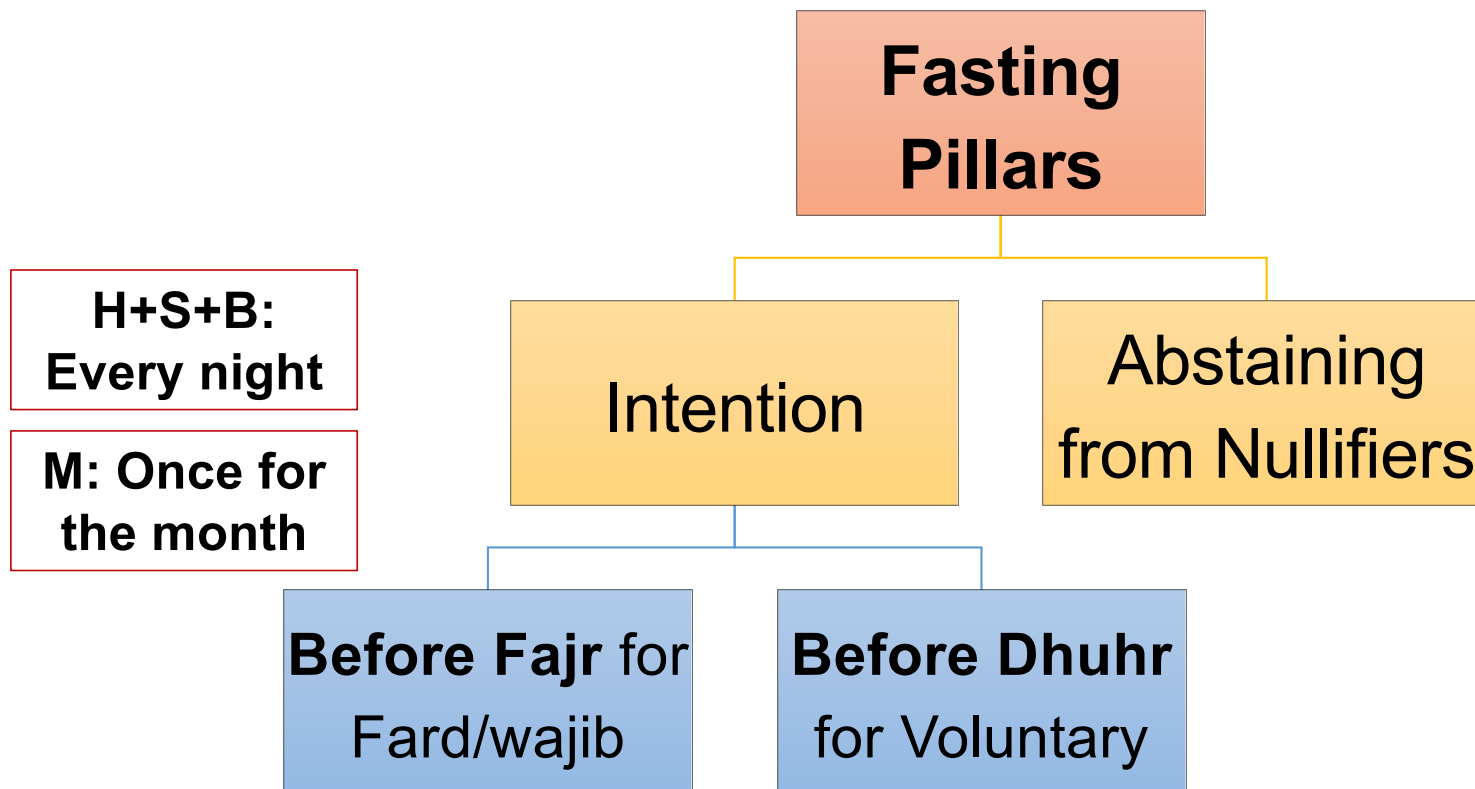


Mudd = 600 gm of food commonly consumed in the city for a poor person

Fasting – Conditions of Validity

- Islam
- Sanity
- Tamyeez (age of discretion)
- The absence of Hayd and Nifaas

Fasting Pillars



Intention

نَوَيْتُ الصَّوْمَ عَن رَمَضَانَ أَوْ نَوَيْتُ صَوْمَ رَمَضَانَ

I intend to fast Ramadan

نَوَيْتُ صَوْمَ غَدٍ عَن أَدَاءِ فَرِيضِ رَمَضَانَ هَذِهِ السَّنَةِ لِلَّهِ تَعَالَى

*I intend to fast tomorrow for the obligatory fasting of Ramadan this year
for the sake of Allah (SWT)*

Fasting Nullifiers

The absence of the conditions of validity

Apostacy

**Hayd, Nifas, or
Childbirth**

Insanity

**Unconscious-
ness all day**

**Entrance of a
substance to
body**

Intercourse

**Masturbation
(ejaculation)**

**Vomiting
Intentionally**

If one does them intentionally, knowingly, and freely

Fasting Nullifiers

Intercourse during day in Ramadan results in 6 things

Sin

Fasting is void

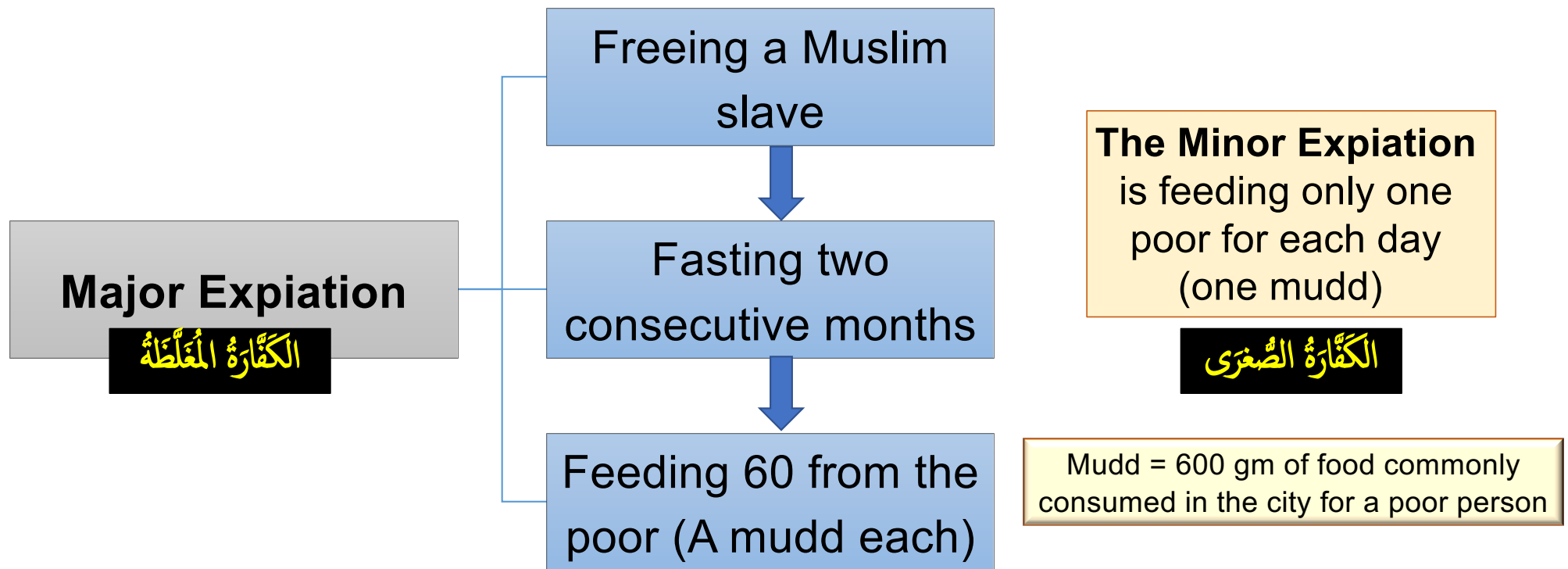
One should behold and abstain from nullifiers until sunset

Qadaa'

Major expiation

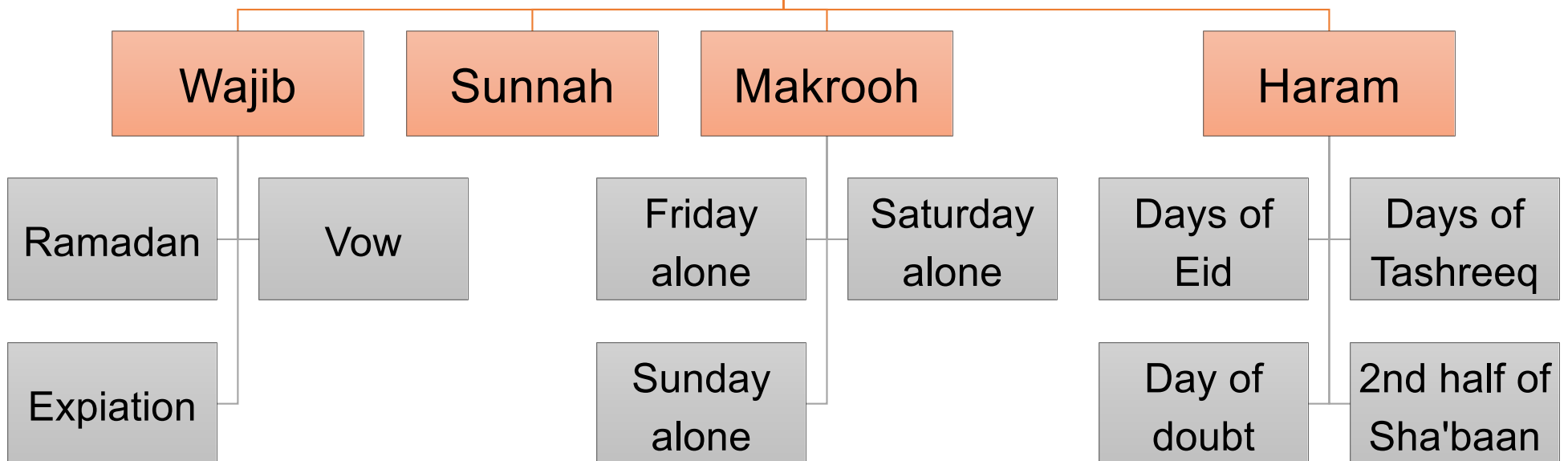
Ta'zeer – Punishment from the ruler or the judge

Fasting Nullifiers



Fasting Types

Fasting Types



Fasting Types – Sunnah

Sunnah Fasting

Specific

General

Weekly

Monthly

Yearly

Any day

Monday &
Thursday

Three white
days

Day of
Arafah

Aashoura'

Six days of
Shawwal

Sunan of Fasting

Having Suhoor & Delaying it

Rushing Iftaar

Iftaar by dates, if not, then water

Duaa at Iftaar

Giving or inviting people for Iftaar

Praying Taraweeh daily

Ghusl (for Janabah) before Fajr

Reading Quran and Zikr

Witr prayer

Give charity

I'tikaaf in the last ten days

Good deeds in general

Duaa for Iftaar

اللَّهُمَّ إِنِّي لَكَ صُومْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ، ذَهَبَ الظَّمَأُ وَابْتَلَّتِ العُرُوقُ وَثَبَتَ الأَجْرُ إِن
شَاءَ اللهُ

O Allah, for Thee I have fasted, and with Thy provision I have broken my fast. Thirst has gone, the arteries are moist, and the reward is sure, if Allah wills.

Witr in Ramadan

Witr Prayer

Jama'ah
In congregation

Jahr
Loud recitation

Qunut
Supplication in 2nd half of Ramdan

Makrooh Acts of Fasting

- Tasting food without a necessity
- Cupping
- Having ghusl by immersing the full body under water
- Using Miswak after Dhuhr
- Excessive eating, excessive sleeping, and fulfillment of desires
- Ill talk, lying, backbiting, gossiping, and unmeaningful talks

Issues Related to Fasting

**Injection in Vein
or Muscle**

**Attaining Purity
after Hayd during
Day**

**The Pregnant and
Breastfeeding
women**

**Swallowing
Water during
Ghusl**

**Swallowing
Phlegm**

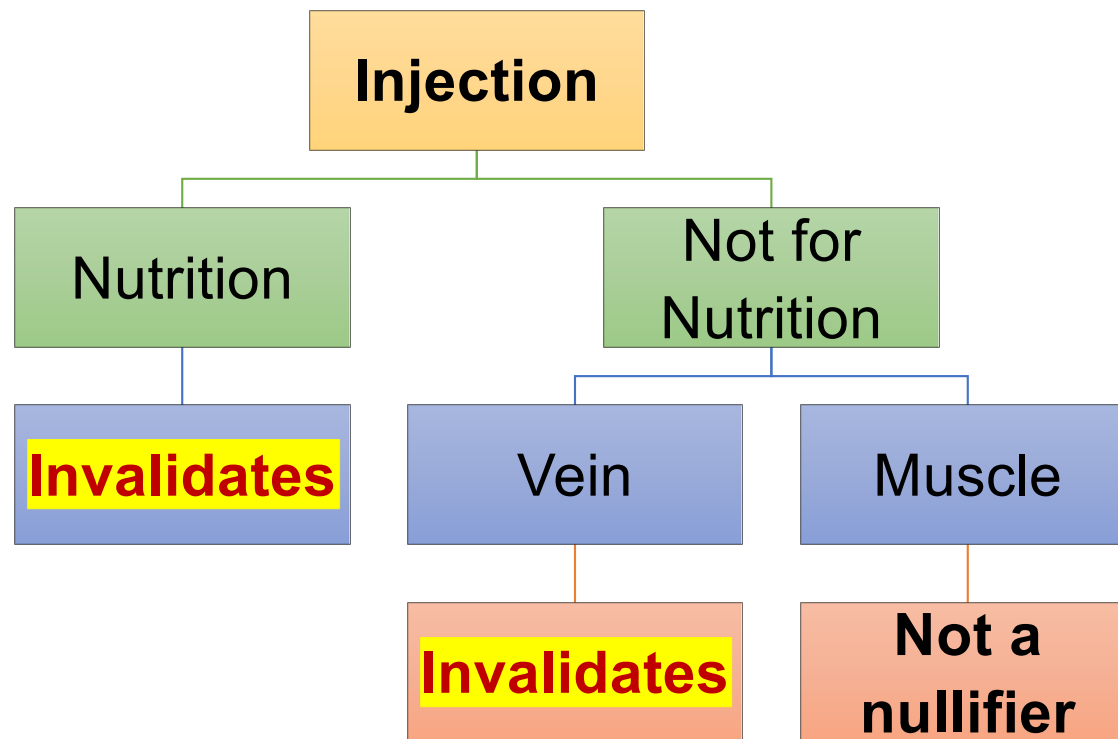
Excessive rinsing

**Iftaar before time
by a mistake**

**Postponing
Ghusl to after
Fajr**

**Ejaculation (wet
dream)**

Injection during Fasting

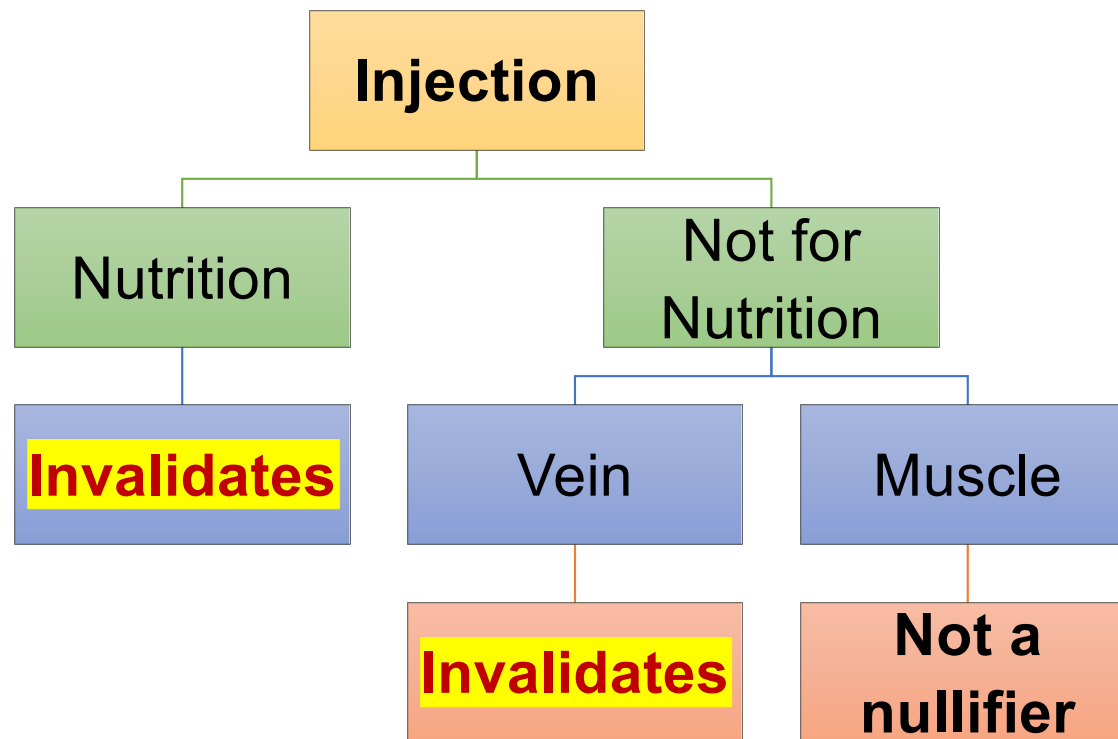


Cases of a Pregnant Woman



Mudd = 600-700 gm of food commonly consumed in the city for a poor person

Swallowing Water During Ghusl



Breaks or Does Not Break?

Cigarette	Break	Tasting food (without swallowing)	Does not break
Hookah	Break	Smelling fragrance/ perfumes	Does not break
Asthma spray	Break	Donating blood	Does not break
Enema (Anal injection)	Break	Cupping	Does not break
Any substance enters from both private parts	Break	Ointment, creams, lotions and skin medications	Do not break
Gastroscopy	Break	Eye drops	Does not break (contemporary scholars: Break)
Any substance enters from nose or mouth	Break	General anesthesia	Break (if it is all day long)
Urinary Catheter	Break	Toothpaste	Break (if swallowed)
Ear drops	Break	Swimming	Break (if swallowed)
Gum	Break	What is left between teeth	Break (if swallowed intentionally)
Lip Balms	Does not break	Wet Dream	Does not break
Oxygen nasal sprays (no wet drops reach cavity)	Does not break	Intramuscular Injections	Does not break
Kuhl/Surmah (eye cosmetic)	Does not break	Unintentional eating/drinking out of forgetfulness	Does not break

I'tikaaf

الاعتكاف لغة: اللبث على الشيء ولزومه سواء كان خيراً أو شراً
وشرعاً: هو لبث مخصوص لشخص مخصوص بمكان مخصوص بنية مخصوصة

I'tikaaf:

- **Lexically:** to isolate oneself and to adhere or stick to something

With some conditions

- **Technically:** (in juristic terms): “is a specific setting of a specific person in a specific place with a specific intention”

With some conditions

Masjid

Niyyah for I'tikaaf

I'tikaaf – Ruling & Pillars

- **Ruling:** Sunnah Mu'akaddah – It cannot be Wajib except if it was vowed.
- The last ten days of Ramadan.
- Fasting is not a condition for I'tikaaf (Shafi'es)

Pillars

Intention

Stay

Masjid

I'tikaaf – Conditions

Islam

Sanity

Intention

**Period longer
than a time of one
Tasbeeh**

In a Masjid

**Purity from the
major hadath**

Intention

- Every time you enter the masjid, have this intention

" نَوَيْتُ الْعِتْكَافَ فِي هَذَا الْمَسْجِدِ مَا دُمْتُ فِيهِ لِلَّهِ تَعَالَى "

I intend to do I'tikaaf in this masjid, as long as I am staying in, for Allah (SWT).

Sunan Acts of I'tikaaf

- The masjid is where Jummah is performed
- I'tikaaf for a complete day and night
- To be done while fasting
- To be busy with Zikr, acts of worship, and Quran recitation
- Avoiding detested acts

Nullifiers of I'tikaaf

- Insanity and unconsciousness
- Intoxication
- Hayd
- Apostacy
- Janabah that nullifies fasting
- Leaving the masjid intentionally without a necessity

Questions?